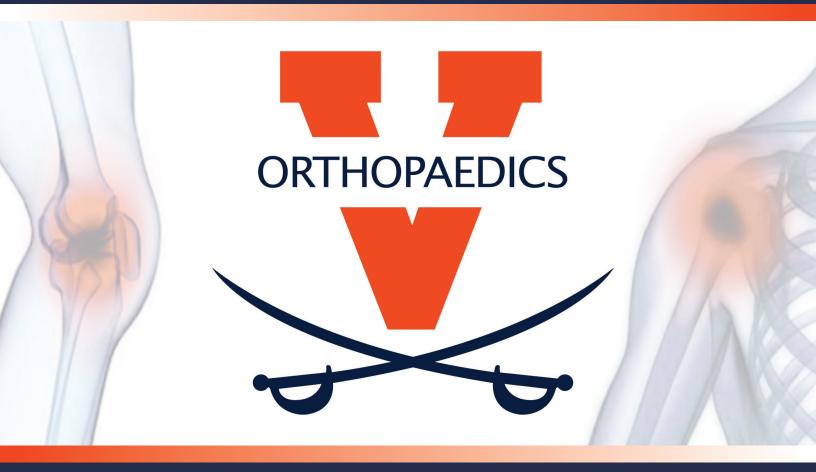
THE UNIVERSITY OF VIRGINIA DEPARTMENT OF ORTHOPAEDICS IS PLEASED TO PRESENT

THE **2025** ORTHOPAEDIC SURGERY ALUMNI WEEKEND

APRIL 11-12, 2025

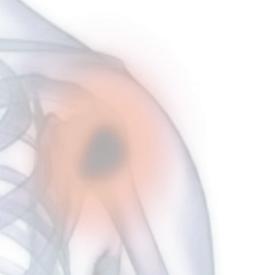


UVA Health Orthopaedic Center – Ivy Road Charlottesville, Virginia



COURSE OVERVIEW

This conference is designed for orthopaedic practitioners including surgeons, nurse practitioners, and physician assistants. A primarily case-based format will be used to explore the surgical and alternative management of patients within the subspecialties of joint replacement, trauma, pediatrics, hand and upper extremity, foot and ankle, shoulder and knee, and spine. Each presenter will engage the audience in an exchange of ideas and opinions ending with an overview of the best evidence for the problem(s) highlighted in the case. Panel discussions will allow for discussion of complex cases, and each session will include opportunities for audience participation.



COURSE OBJECTIVES

- Review advances and current best practices in each of the following fields, foot/ankle, hand, spine, joint arthroplasty, pediatric orthopaedics, orthopaedic trauma surgery, and sports medicine
- Discuss and debate controversies relevant in each of the orthopaedic subspecialties
- Provide an update and discuss relevant issues in today's health care environment that are prudent to providing optimal patient care in a fiscally responsible manner

EDUCATIONAL OBJECTIVES

At the completion of the 2025 Orthopaedic Surgery Alumni Weekend, the participant should be able to:

- Evaluate and discuss complex cases involving orthopaedic pathology of the foot and ankle, hand and wrist, and spine
- Identify and appropriately utilize new and emerging techniques in pediatric orthopaedics, musculoskeletal trauma and sports medicine
- Choose efficient methods of providing orthopaedic care in a changing health care environment

ACCREDITATION AND DESIGNATION STATEMENT



In support of improving patient care, UVA Health Continuing Education is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

UVA Health Continuing Education designates this live activity 11.25 AMA PRA Category 1 Credits.TM Physicians should claim only the credit commensurate with the extent of their participation in the activity.

UVA Health Continuing Education awards 11.25 hours of participation (consistent with the designated number of AMA PRA Category 1 Credit(s)TM or ANCC contact hours) to a participant who successfully completes this educational activity. UVA Health Continuing Education maintains a record of participation for six (6) years.

REGISTRATION

Registration and payment are available at www.cmevillage.com.

Registration will close at midnight on Sunday, April 8, 2025.

NO WALK IN REGISTRATION. The course syllabus will be available online only the week of the conference.

Additional questions, please contact uvacme@ virginia.edu or 434-924-5310.

Physicians \$600 NP and PA..... \$500

PROGRAM AGENDA

FRIDAY, APRIL 11, 2025

7:30 – 8:15 am	Registration/Breakfast (provided)	
8:15 – 8:30 am	Opening Remarks and Department Update – Drs. Chhabra, Cooper and Gwathmey	
8:30 – 8:45 am	TBD – Dr. Chhabra	
8:45 – 9:30 am	Sports Medicine Division	
	 Updates in Knee, shoulder and Hip Surgery: Common comp Drs. Brockmeier, Deasey, Diduch, Gwathmey, Su & Werner Pediatrics Division 	lications and how to avoid them
9:30 – 10:15 am	Non-fusion Options for Scoliosis	
	 Limb Lengthening and Deformity Correction Drs. Bachman, Lather & Romness 	
	Dis. Baciman, Eather & Rominess	
10:15 – 10:30 am	Break and visit Exhibitors	
10:30 – 11:15 am	Spine Division	
10.00 11.10 0.11	Cervical Disc Replacement (CDR), a motion preservation pr	ocedure: Lecture and case based discussions
11:15 – 12:00 pm	Drs. Li, Lockey, Shen, Shimer & Singla	
12:00 – 1:00 pm	Lunch (provided)	
1:00 – 1:45 pm	Adult Reconstruction Division	
	Updates on Staging and Treatment of Osteonecrosis of the	Femoral Head
	 TBD 	remotal field
	Robotics in TKA: A Skeptic's Perspective	
	 Discussion Drs. Borsinger, Browne, Cui & Duensing 	
1:45 – 2:30 pm	Distinguished Alumnus Address	
2:30 – 3:00 pm	Break and visit Exhibitors	
3:00 – 3:45 pm	Hand & Upper Extremity Division	
	Metacarpal Fractures: Is there a best option for return to play? Plating vs. IM Screw Fixation	
	Thumb UCL Injuries: Is suture tape augmentation a better t	
	 Scaphoid Fractures: Emerging Techniques in the High Performance option with a quicker return to play? 	ormance Athlete: Is there a better treatment
	 Elbow UCL Repair? vs. Reconstruction in the High Performa 	nce Athlete Throwing Athlete: What is the best
	option?	
	Drs. Chhabra, Dacus, Deal, Freilich & Peek	
3:45 – 4:30 pm	Key Note Address:	
6:30 pm	Dinner – Level10 (323 2nd St., SE, Suite 1000, Charlottesvil	le)
SATURDAY, APRIL	12.2025	
7:30 – 9:30 am	Breakfast (provided) Breakout Sessions	
1.00 0.00 um	Adult Reconstruction	
	Trauma and General Orthopaedics	
	Sports Medicine	
	Hand and Upper Extremity	
9:30 – 10:15 am	Spine Surgery	
	TBD	
10:15 – 10:30 am	Break	
10:30 – 11:15 am	Foot and Ankle Division	
	 Small Incisions, Big Correction for Hallux Valgus Deformitie Forefoot Applications for MIS Techniques 	5?
	MIS Treatment for Insertional Achilles Tendinopathy	
	Drs. Anciano, Cooper, Park, Perumal, Tippett	
11:15 – 12:00 pm	Trauma & Oncology Division	
	Case based discussions on the controversies around and complications that can occur if appropriate atheneodic fracture principles are not followed	
	orthopaedic fracture principles are not followed Drs. Hadeed, Hoggard, Weiss & Yarboro	
4:00 pm	UVA Baseball vs. Pitt @ Davenport Field	NOTE
		NOTE: Times and Speaker order are

subject to change.

COURSE DIRECTORS

M. Truitt Cooper, MD* Associate Professor of Orthopaedic Surgery Foot and Ankle Division

F. Winston Gwathmey Jr., MD* Associate Professor of Orthopaedic Surgery Sports Medicine Division UNIVERSITY OF VIRGINIA COURSE FACULTY

Victor Anciano, MD Keith Bachman, MD Tracy Borsinger, MD Stephen Brockmeier, MD James A. Browne, MD A. Bobby Chhabra, MD* Quanjun Cui, MD A. Rashard Dacus, MD D. Nicole Deal, MD Matthew J. Deasey, MD David Diduch, MD lan M. Duensing, MD Aaron Freilich, MD Michael M. Hadeed, MD T. Max Hoggard, MD Leigh Ann Lather, MD, FAAP Xudong Joshua Li, MD Stephen D. Lockey, MD Joseph Park, MD Kacy Peek, MD, MS Venkat Perumal, MD Mark Romness, MD Francis Shen, MD Adam Shimer, MD Adam Shimer, MD Charles Su, MD, PhD Caroline Tippett, DPM David B. Weiss, MD Brian Werner, MD Seth Yarboro, MD

*planning committee member



ACCOMMODATIONS

Rooms have been reserved at the Omni Charlottesville Hotel at a discounted rate of \$289 on Thursday, April 10 through Saturday, April 12, and will be available on afirst-come, first-servedbasis. Attendees will need to make their own reservations with the group name "2025 Orthopaedic Alumni." All reservations must be made by **Tuesday, March 11, 2025**, after which time rooms will be released and cannot be guaranteed to be available. Reservations can be made by calling **888-444-6664** or <u>clicking here.</u>

PARKING AND LOCATION

Parking at the UVA Health Orthopaedic Center is complimentary for all attendees. The center is located at 2280 lvy Road, Charlottesville. Transportation will also be provided to and from The Omni Charlottesville Hotel for those who would prefer.

ADDITIONAL ACTIVITIES

A cocktail hour and dinner will be held at the Level10 on Friday April11,2025 beginning at6:30pm. Level10 is located at 323 2nd St., SE, Suite 1000, Charlottesville. There is on site parking as well as a public parking lot one block over.

Omni Charlottesville Hotel is nestled amidst iconic landmarks and the lively University of Virginia campus, the hotel bridges history with modern allure.

CONTACT

Please contact Pamela Lace in the Office of Continuing Medical Education with any questions regarding this activity.

psl5g@virginia.edu
 434.243.5703