

THE UNIVERSITY OF VIRGINIA DEPARTMENT OF ORTHOPAEDICS
IS PLEASED TO PRESENT

THE **2025** ORTHOPAEDIC SURGERY ALUMNI WEEKEND

APRIL 11-12, 2025



UVA Health Orthopaedic Center – Ivy Road
Charlottesville, Virginia

COURSE OVERVIEW

This conference is designed for orthopaedic practitioners including surgeons, nurse practitioners, and physician assistants. A primarily case-based format will be used to explore the surgical and alternative management of patients within the subspecialties of joint replacement, trauma, pediatrics, hand and upper extremity, foot and ankle, shoulder and knee, and spine. Each presenter will engage the audience in an exchange of ideas and opinions ending with an overview of the best evidence for the problem(s) highlighted in the case. Panel discussions will allow for discussion of complex cases, and each session will include opportunities for audience participation.

COURSE OBJECTIVES

- Review advances and current best practices in each of the following fields, foot/ankle, hand, spine, joint arthroplasty, pediatric orthopaedics, orthopaedic trauma surgery, and sports medicine
- Discuss and debate controversies relevant in each of the orthopaedic subspecialties
- Provide an update and discuss relevant issues in today's health care environment that are prudent to providing optimal patient care in a fiscally responsible manner

EDUCATIONAL OBJECTIVES

At the completion of the 2025 Orthopaedic Surgery Alumni Weekend, the participant should be able to:

- Evaluate and discuss complex cases involving orthopaedic pathology of the foot and ankle, hand and wrist, and spine
- Identify and appropriately utilize new and emerging techniques in pediatric orthopaedics, musculoskeletal trauma and sports medicine
- Choose efficient methods of providing orthopaedic care in a changing health care environment

ACCREDITATION AND DESIGNATION STATEMENT



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, UVA Health Continuing Education is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

UVA Health Continuing Education designates this live activity 11.25 AMA PRA Category 1 Credits.™ Physicians should claim only the credit commensurate with the extent of their participation in the activity.

UVA Health Continuing Education awards 11.25 hours of participation (consistent with the designated number of AMA PRA Category 1 Credit(s)™ or ANCC contact hours) to a participant who successfully completes this educational activity. UVA Health Continuing Education maintains a record of participation for six (6) years.

REGISTRATION

Registration and payment are available at www.cmevillage.com.

*Registration will close at midnight on **Sunday, April 8, 2025.***

NO WALK IN REGISTRATION. The course syllabus will be available online only the week of the conference.

Additional questions, please contact uvacme@virginia.edu or 434-924-5310.

Physicians \$600

NP and PA \$500

PROGRAM AGENDA

FRIDAY, APRIL 11, 2025

7:30 – 8:15 am	Registration/Breakfast (provided)
8:15 – 8:30 am	Opening Remarks and Department Update – Drs. Chhabra, Cooper and Gwathmey
8:30 – 8:45 am	TBD – Dr. Chhabra
8:45 – 9:30 am	Sports Medicine Division <ul style="list-style-type: none">• Updates in Knee, shoulder and Hip Surgery: Common complications and how to avoid them Drs. Brockmeier, Deasey, Diduch, Gwathmey, Su & Werner
9:30 – 10:15 am	Pediatrics Division <ul style="list-style-type: none">• Non-fusion Options for Scoliosis• Limb Lengthening and Deformity Correction Drs. Bachman, Lather & Romness
10:15 – 10:30 am	Break and visit Exhibitors
10:30 – 11:15 am	Spine Division <ul style="list-style-type: none">• Cervical Disc Replacement (CDR), a motion preservation procedure: Lecture and case based discussions
11:15 – 12:00 pm	Drs. Li, Lockey, Shen, Shimer & Singla
12:00 – 1:00 pm	Lunch (provided)
1:00 – 1:45 pm	Adult Reconstruction Division <ul style="list-style-type: none">• Updates on Staging and Treatment of Osteonecrosis of the Femoral Head• TBD• Robotics in TKA: A Skeptic's Perspective• Discussion Drs. Borsinger, Browne, Cui & Duensing
1:45 – 2:30 pm	Distinguished Alumnus Address
2:30 – 3:00 pm	Break and visit Exhibitors
3:00 – 3:45 pm	Hand & Upper Extremity Division <ul style="list-style-type: none">• Metacarpal Fractures: Is there a best option for return to play? Plating vs. IM Screw Fixation• Thumb UCL Injuries: Is suture tape augmentation a better treatment option with a faster return to play?• Scaphoid Fractures: Emerging Techniques in the High Performance Athlete: Is there a better treatment option with a quicker return to play?• Elbow UCL Repair? vs. Reconstruction in the High Performance Athlete Throwing Athlete: What is the best option? Drs. Chhabra, Dacus, Deal, Freilich & Peek
3:45 – 4:30 pm	Key Note Address:
6:30 pm	Dinner – Level10 (323 2nd St., SE, Suite 1000, Charlottesville)

SATURDAY, APRIL 12, 2025

7:30 – 9:30 am	Breakfast (provided) Breakout Sessions <ul style="list-style-type: none">• Adult Reconstruction• Trauma and General Orthopaedics• Sports Medicine• Hand and Upper Extremity• Spine Surgery
9:30 – 10:15 am	TBD
10:15 – 10:30 am	Break
10:30 – 11:15 am	Foot and Ankle Division <ul style="list-style-type: none">• Small Incisions, Big Correction for Hallux Valgus Deformities?• Forefoot Applications for MIS Techniques• MIS Treatment for Insertional Achilles Tendinopathy Drs. Anciano, Cooper, Park, Perumal, Tippet
11:15 – 12:00 pm	Trauma & Oncology Division <ul style="list-style-type: none">• Case based discussions on the controversies around and complications that can occur if appropriate orthopaedic fracture principles are not followed Drs. Hadeed, Hoggard, Weiss & Yarboro
4:00 pm	UVA Baseball vs. Pitt @ Davenport Field

NOTE:
Times and Speaker order are subject to change.

COURSE DIRECTORS

M. Truitt Cooper, MD*

Associate Professor of Orthopaedic Surgery
Foot and Ankle Division

F. Winston Gwathmey Jr., MD*

Associate Professor of Orthopaedic Surgery
Sports Medicine Division

UNIVERSITY OF VIRGINIA COURSE FACULTY

Victor Anciano, MD
Keith Bachman, MD
Tracy Borsinger, MD
Stephen Brockmeier, MD
James A. Browne, MD
A. Bobby Chhabra, MD*
Quanjun Cui, MD
A. Rashard Dacus, MD
D. Nicole Deal, MD
Matthew J. Deasey, MD
David Diduch, MD
Ian M. Duensing, MD
Aaron Freilich, MD
Michael M. Hadeed, MD
T. Max Hoggard, MD
Leigh Ann Lather, MD, FAAP

Xudong Joshua Li, MD
Stephen D. Lockey, MD
Joseph Park, MD
Kacy Peek, MD, MS
Venkat Perumal, MD
Mark Romness, MD
Francis Shen, MD
Adam Shimer, MD
Anju Singla, MD
Charles Su, MD, PhD
Caroline Tippet, DPM
David B. Weiss, MD
Brian Werner, MD
Seth Yarboro, MD

**planning committee member*

Omni Charlottesville Hotel is nestled amidst iconic landmarks and the lively University of Virginia campus, the hotel bridges history with modern allure.

CONTACT

Please contact Pamela Lace in the Office of Continuing Medical Education with any questions regarding this activity.

- ◆ psl5g@virginia.edu
- ◆ 434.243.5703



ACCOMMODATIONS

Rooms have been reserved at the Omni Charlottesville Hotel at a discounted rate of \$289 on Thursday, April 10 through Saturday, April 12, and will be available on a first-come, first-served basis. Attendees will need to make their own reservations with the group name "2025 Orthopaedic Alumni." All reservations must be made by **Tuesday, March 11, 2025**, after which time rooms will be released and cannot be guaranteed to be available. Reservations can be made by calling **888-444-6664** or [clicking here](#).

PARKING AND LOCATION

Parking at the UVA Health Orthopaedic Center is complimentary for all attendees. The center is located at 2280 Ivy Road, Charlottesville. Transportation will also be provided to and from The Omni Charlottesville Hotel for those who would prefer.

ADDITIONAL ACTIVITIES

A cocktail hour and dinner will be held at the Level 10 on Friday April 11, 2025 beginning at 6:30pm. Level 10 is located at 323 2nd St., SE, Suite 1000, Charlottesville. There is on site parking as well as a public parking lot one block over.